

Recordes Regionais e Nacionais estabelecidos na época 2020/2021

PISCINA CURTA

PISCINA LONGA

R. NACIONAL

Nº.	Atleta/Equipa	Escalão	Clube	Prova	Tempo	Data	Local
1	Rafael Gomes Simões	Sen	SCB	200 B	2.13.23	25-out-20	Braga
2	Rafael Gomes Simões	Abs	SCB	200 B	2.13.23	25-out-20	Braga
3	Ana Pinho Rodrigues	Sem	EDV	100 L	56.48	14-nov-20	Mealhada
4	Ana Pinho Rodrigues	Abs	EDV	100 L	56.48	14-nov-20	Mealhada
5	Ana Pinho Rodrigues	Sem	EDV	50 B	31.78	14-nov-20	Mealhada
6	Ana Pinho Rodrigues	Abs	EDV	50 B	31.78	14-nov-20	Mealhada
7	Rafael Gomes Simões	Sen	SCB	200 B	2.12.33	15-nov-20	Mealhada
8	Rafael Gomes Simões	Abs	SCB	200 B	2.12.33	15-nov-20	Mealhada
9	Ana Pinho Rodrigues	Sem	EDV	100 E	01.03.43	15-nov-20	Mealhada
10	Ana Pinho Rodrigues	Abs	EDV	100 E	01.03.43	15-nov-20	Mealhada
11	Ana Pinho Rodrigues	Sem	EDV	50 L	25.49	15-nov-20	Mealhada
12	Ana Pinho Rodrigues	Abs	EDV	50 L	25.49	15-nov-20	Mealhada
13	Jose Paulo Lopes	Abs	SCB	400 E	4.18.38	19-dez-20	Jamor
14	Jose Paulo Lopes	Sen	SCB	400 E	4.18.38	19-dez-20	Jamor
15	Jose Paulo Lopes	Abs	SCB	400 E	4.17.99	27-mar-21	Coimbra
16	Jose Paulo Lopes	Sen	SCB	400 E	4.17.99	27-mar-21	Coimbra
17	Ana Pinho Rodrigues	Abs	EDV	50 L	26.14	28-mar-21	Coimbra
18	Ana Pinho Rodrigues	Sen	EDV	50 L	26.14	28-mar-21	Coimbra
19	Ana Pinho Rodrigues	Abs	EDV	50 B	31.49	28-mar-21	Coimbra
20	Ana Pinho Rodrigues	Sen	EDV	50 B	31.49	28-mar-21	Coimbra
21	Ana Pinho Rodrigues	Abs	EDV	100 B	1.13.44	28-mar-21	Coimbra
22	Ana Pinho Rodrigues	Sen	EDV	100 B	1.13.44	28-mar-21	Coimbra
23	Jose Paulo Lopes	Abs	SCB	200 M	1.59.75	10-abr-21	Felgueiras
24	Jose Paulo Lopes	Sen	SCB	200 M	1.59.75	10-abr-21	Felgueiras
25	Jose Paulo Lopes	Abs	SCB	100 E	55.86	10-abr-21	Felgueiras
26	Jose Paulo Lopes	Sen	SCB	100 E	55.86	10-abr-21	Felgueiras
27	Rafael Gomes Simões	Abs	SCB	100 B	1.01.39	10-abr-21	Felgueiras
28	Rafael Gomes Simões	Sen	SCB	100 B	1.01.39	10-abr-21	Felgueiras
29	Jose Paulo Lopes	Abs	SCB	200 L	1.48.75	11-abr-21	Felgueiras
30	Jose Paulo Lopes	Sen	SCB	200 L	1.48.75	11-abr-21	Felgueiras